## PRINT THIS CHECKLIST AND TICK OFF THE ACTIONS AS YOU NEED TO

| Checklist – Student Support                             |   |                         |  |
|---|---|-------------------------|--|
| Steps   | And what to do  | $\overline{\checkmark}$ |  |
| Orientation is Important                                | Make sure you attend orientation<br>Get involved, ask questions, get<br>help, make friends, find out who else<br>is in your course, what clubs and<br>societies are on campus       |                         |  |
| Find out about types of help, who helps, where they are | KNOW who your student contact officer is, where their office is, how you contact them including in an emergency.  |                         |  |
| Under 18's Accommodation                                | Under 18s MUST have extra support services provided by the institution if they don't have a guardian (or parent) with them. This includes approving all accommodation arrangements. |                         |  |
| Other important information at Orientation              | Find out all about:  Accommodation Homesickness Health Services Transport: how to catch a bus, train, ticketing etc. Where to get academic skills help Social & support groups      |                         |  |
| In an emergency   | Institutions will have a 24 hour contact person for emergencies, such as an accident or serious injury  |                         |  |
| ESOS Legislation  | www.aei.gov.au/ESOS   |                         |  |

| REMEMBER  | $\overline{\checkmark}$ |
|---|-------------------------|
| Be pro-active. Attend events that help you understand – GO TO ORIENTATION |                         |
| Don't let a problem get worse. Get help immediately                       |                         |
| YOU ARE NOT ALONE there are people and services to assist you             |                         |
|   |                         |